



Gordon Paterson
Unpaid Carers Policy Branch

Supporting Unpaid Carers in Scotland

Coalition of Carers In Scotland
25 November 2009

Background and Context

- Care 21; The Future of Unpaid Care in Scotland
- The Concordat and SG Strategic Objectives
- Community Care Outcomes Framework
- Demographics
- Social Change
- Technology

Progress to Date

- £4m to provide additional 10,000 respite weeks
- Guidance on Short Breaks (with CoSLA)
- £9m to support NHS Carer Information Strategies
- £480k to Fund Specific Initiatives
- Young Carers Mapping Exercise
- National Young Carers Festival
- A New Carers Strategy for Scotland

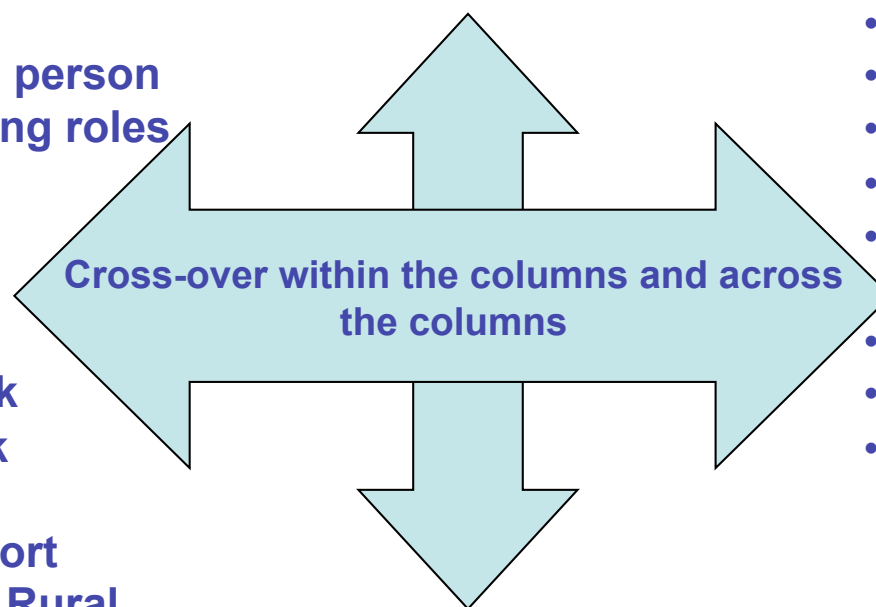
Unpaid Carers - A Diverse Group

CARERS

- Lifetime
- Long-term
- Short-term
- Care for one person
- Multiple caring roles
- Elderly
- Young
- Lone parent
- Working
- Want to work
- Cannot work
- Sole carer
- Family support
- Remote and Rural
- BME
- LGBT

CARED-FOR

- Learning disabilities
- Long-term conditions
- Dementia
- Children with disabilities
- Mental health problems
- Substance misuse
- Frail elderly
- At end of life
- HIV/AIDS
- Autism
- Complex needs



Discussions in Groups

- Communications Plan
- Personalisation
- NHS Carers Information Strategies
- Carers' Income and Employment
- Role of GPs
- Draft Outline of Strategy
- Reshaping Care for Older People
- Volunteer Support
- Self-Directed Support (Direct Payments)

Priorities

- Identification ..by GPs, Social Workers, nurses, teachers
- Assessment ..of contribution, coping, quality of life
- Information .. on condition, services, support
- Training ..on condition, moving/handling, stress
- Health ..physical, emotional, mental health
- Finance ..heating, housing, diet, quality of life
- Employment ..life outside caring, identity, income
- Support ..counselling, advocacy, telecare, navigators
- Breaks ..quality, choice, flexibility, beneficial

Contact

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<http://www.scotland.gov.uk/Topics/Health/care/Strategy>