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# **Carer Representation on CHPs**

Tony Segall

Centre Manager

*Carers of East Lothian*

# Outline of presentation

- ‘Caring Together’
- History of carer involvement in East Lothian CHP
- Forms of carer involvement in East Lothian CHP
- Successes and Otherwise
- *But how will this happen?*

# ‘Caring Together’ – Chapter 7

- “Carers’ .. involvement is crucial to ensure the best quality services and support, delivered in a personalised way”
- 7.2 “CHPs should actively involve the public, patients and carers”

***But how will this happen?***

# History of carer involvement in East Lothian CHP

- Existing good relations with previous Local Health Care Co-operative (LHCC)
- NHS Lothian 'Scheme of Establishment' commitment to carer involvement
- Initial carer representative on CHP Sub-Committee was Chairperson of *CoEL*
- Representative subsequently changed to *CoEL* Centre Manager

# Forms of carer involvement in East Lothian CHP

- CHP Sub-Committee
- Public Partnership Forum
- Long-Term Conditions Action Team
- CIS Implementation Group
- Musselburgh Health Centre Project Board
- Single Outcome Agreement Health Group
- Joint Planning Groups (various!)
- Email/Meet/Phone senior managers
- Etc etc

# Successes and Otherwise

## Successes

- 1 Carer dimension in discussions ✓ ✓
- 2 Consultation before developments ✓ ✓
- 3 Promote identification through pharmacies ✓
- 4 Focus on health inequalities ✓
- 5 Scrutiny of CHP budget ✓ ✓
- 6/7 Hospital discharge support for carers/  
Involvement in LTC agenda ✓ ✓

## Successes (cont)

8/9 Highlight needs of young carers/

Promote young carer focus in links with education ✓

10 Involvement in CIS money allocation ✓ ✓

\* Standing agenda item on CHP Sub-Committee/Ability to table papers and propose working groups ✓ ✓

\* Inside track on governance and operational issues within NHS locally ✓ ✓

# Successes and Otherwise

## Otherwise – CHP Sub-Committee

- “A committee with no powers which reports to another committee with no powers”
- Mistrust of NHS Lothian Board – need for Sub-Committee’s chairperson to be CHP’s voice at the Board not vice versa
- Uncertain influence over expenditure

# ***But how will this happen?***

- Enforced by Scottish Government or championed within Health Board? **“The Scottish Government will ensure carer representation on CHPs by writing to the Chief Executives of Health Boards to make this happen” (7.1).**
- Best person to represent? Chairperson of Carers Centre, or Manager of Carers Centre, or independent carer?
- CHP Sub-Committee or CHP? Which comes first: respect within CHP senior management or representation on Sub-Committee?