

## Mental Health Workers Forum Meeting Thursday 18<sup>th</sup> February

Zoom Link:

<https://us02web.zoom.us/j/81015030581?pwd=cHBxYnRITUUyeINUMGVxNDcyU0M1dz09>

Meeting ID: 810 1503 0581

Passcode: 226291

Time	Theme
<b>1000 - 1010</b>	Welcome and introductions
<b>1010 - 1030</b>	Catch up in small groups
<b>1030 - 1115</b>	Introducing CARER Well
<b>1115 - 1130</b>	Break
<b>1130 - 1200</b>	Continuing CARER Well
<b>1200 - 1215</b>	What are you going to do pledge
<b>1215 - 1230</b>	Questions and feedback
<b>1230</b>	End of Meeting