

### **Dundee Carers Centre**

The Power of Partnership

## What's Best for Dundee Carers?

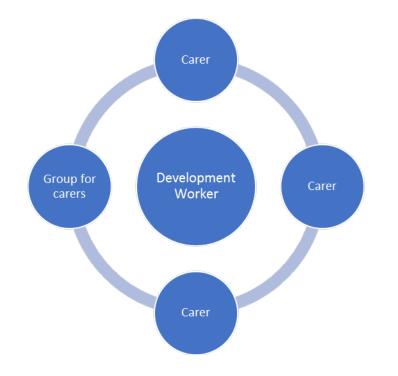


'It should be kept simple, should be able to access without a carer support plan'

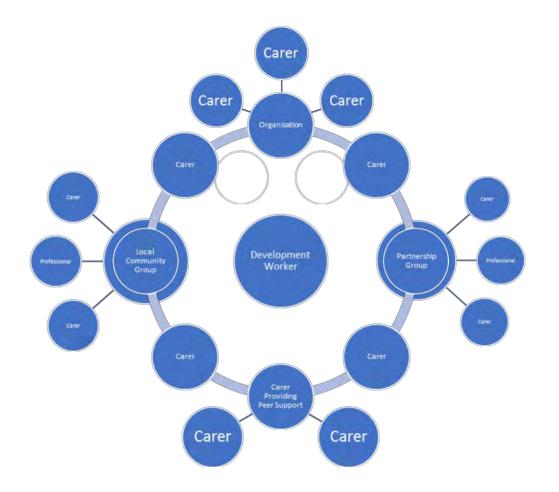
'Continue with universal services so people can access without a support plan or outcomes assessment'

'Shouldn't have to do paperwork to access support and help, if you have it already it should still be accessible – shouldn't be creating more stress for carers'



















### How it Started....

### How it's Going

Young Carers information, groups and support in schools

> Transition Programmes

Young Carer Ambassadors involved at school and Citywide level

Young Carer Subgroup Multi-Agency Membership Develops and implements resources, information and training to support schools and localities

Carers of Dundee – one stop shop for information





#### **Adult Carer Support**

None of these carers accessing this support have an adult carer support plan and would it give them what they want?

Education opportunities, peer support, time with their family the chance for employment?

They want barriers removed to access mainstream services and opportunities.





### Short Breaks



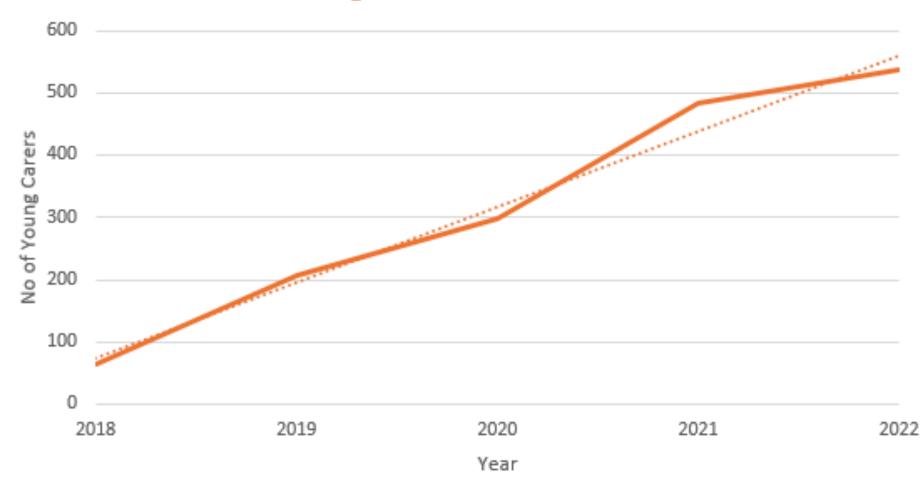
'Some time out and rest for carer and cared for person. A refreshing break. A change of routine. A change of scenery. A chance to recharge the battery.'

411 Carers of all ages accessed a short break through the brokerage process in 2021/22.



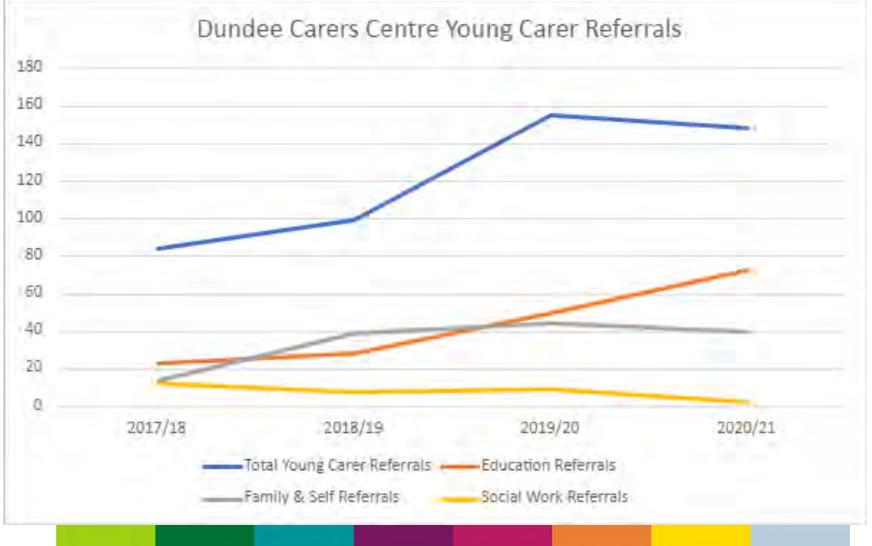


#### No of Young Carers Recorded on SEEMIS



# How do we Know?









Whilst working alongside carers to understand and support them in overcoming the challenges carers of all ages face it is also so important recognise, to celebrate and value their contribution in our schools, community and society