

Coalition of Carers in Scotland
Annual Report and Accounts
For the Year Ended
31 March 2024

Scottish Charity No: SC 039434

Coalition of Carers in Scotland
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For the Year Ended 31 March 2024

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Coalition of Carers in Scotland

Reference and Administrative information For the Year Ended 31 March 2024

Registered Address:

Coalition of Carers in Scotland
PO Box 21624, STIRLING, FK7 1EF

Scottish Charity Number:

SC 039434

Executive Committee (Trustees):

The following were members of the Executive Committee (trustees of the charity) during the financial year:

Kimberly Swan	(Joint Convener)
Jess Wade	(Joint Convener)
Geoff Mohamed	(Treasurer)
Morna Fleming	
Raymond Jamieson	
Anne MacDougall	
Rosemary McLoughlin	
Dr Emma Miller	
Fiona Purchase	
Claudine Brindle	
Alison Wright	

Trustees who stood down during the year:

Dr Gillian McIntyre

Director & Secretary:

Claire Cairns

Independent examiner:

John Paul FCIE
29 Avon Crescent
Broughty Ferry
Dundee
DD5 3TX.

Bankers:

The Co-operative Bank
3rd Floor,
1 Balloon Street,
Manchester
M60 4EP

**Coalition of Carers in Scotland
Annual Report of the Trustees
For the Year Ended 31 March 2024**

The trustees are pleased to present their report and the accounts of the Coalition for the year ended 31 March 2024. The accounts have been prepared on a receipts and payments basis, in compliance with accounting regulations for Scottish charities.

Structure, Governance and Management

The Coalition of Carers in Scotland was established in 1998 as a national carers network. It is an unincorporated association, governed by a constitution which was last amended in 2010, and has been registered as a Scottish charity since 19 March 2008.

The Coalition is governed by an Executive Committee, made up of carers and staff from local carer organisations. The Coalition is supported in its work by its member organisations and volunteers and has one full time and one part time member of staff to coordinate activities. Members of the Executive Committee (trustees) are elected at the AGM each year or may be co-opted during the year.

Reference and administrative information, including those who served as members of the Executive Committee during the year, is listed on page 2.

Objectives

The charitable purposes of the Coalition, as set out in its constitution, are:

- to provide networking, information and mutual support to carer-led organisations in Scotland;
- to bring carers and workers together to explore issues, analyse developments and identify the key issues confronting carers in Scotland;
- to facilitate the development of a collective response to these key issues affecting carers - enabling members of the Coalition to bring their concerns to the attention of interested parties at local, regional and national levels.

Our shared vision is that all Scotland's unpaid carers will feel valued, included and supported as equal partners in the provision of care and will be able to enjoy a life outside of caring.

The Coalition has members across Scotland and connects with carers and carer-led organisations from all local authority areas and from many different caring communities.

The Coalition remains the only national carer organisation supporting the smaller, isolated and rural carer organisations, ensuring that carers from the Borders to the Shetlands have the opportunity to have their views heard.

Activities & Achievements

Our 25th Anniversary

In October 2023 we celebrated our 25th Anniversary at the City Chambers in Edinburgh, where we welcomed carers, members and colleagues from across Europe

Highlights of the day included, remembering our history and celebrating our successes over the last 25 years, hearing from carers about what has changed for them and how they see the future of the carers movement and learning from colleagues about how carers are recognised and supported in other European countries.

We were able to record people's thoughts and views throughout the day and now have a renewed focus and energy on improving carers' rights, services and recognition.

Coalition of Carers in Scotland Annual Report of the Trustees (continued)

Activities & Achievements (continued)

Supporting Carers Voices

- **Member meetings** - Our member meetings have been a central part of our activities since the Coalition was established in 1998. They provide the opportunity for carers and membership organisations to meet key decision makers and influence policy development at a local and national level
- **Carers Collaborative** - The Carers Collaborative is a national forum for carer representatives on Integrated Joint Forums. It meets regularly to share practice, scope new developments and develop best practice resources for carers on Integrated Joint Boards.
- **Rural and Island Carers Collective** - Our Carers Collective groups are funded by the National Lottery. In 2023 we developed our Leadership programme 'from recognition to rights' for carers in rural and island areas and expanded our Rural Carers Collective Group
- **South Asian Carers Collective** - Our South Asian Carers Collective has focussed on carers rights and Self-Directed Support this year and group members have contributed to the development of national policy and legislation to ensure it takes into account the needs of carers from South Asian communities.
- **Being Social** - We continue to keep carers informed through our growing social media channels. We currently have £6.6K followers on Facebook

Making Rights Real

Campaigning for carers rights is a cornerstone of our work and part of this is ensuring carers have the ability to advocate for their existing rights and that health and social care staff are knowledgeable about carers rights legislation.

We have delivered workshops on

- Carers Rights for carers and health and social care staff across Scotland
- Self-Directed Support training across rural and island communities
- In 2023, we launched the 'Human Rights for Carers' programme to upskill carers centre staff in their human rights knowledge.

Building Capacity

The Coalition facilitates a number of learning exchange groups for staff working in local carer support organisations.

These include our

- Rural Carers Working Group
- Communications and Social Media Group
- Black and Minority Ethnic Forum, which we facilitate jointly with MECOPP
- Mental Health Forum, which we facilitate with Carers Trust and the Mental Welfare Commission
- We also support the Centre Managers Network

**Coalition of Carers in Scotland
Annual Report of the Trustees (continued)**

Financial Review

The accounts, as set out on pages 7 - 10, show an overall increase of £33,863 in funds over the year. An amount of £121,585 is carried forward in unrestricted funds and £47,335 in restricted funds, as shown in note 6.

The primary source of income for the year were grants from the Scottish Government (section 10) of £152,236 for core funding and £54,833 from the National Lottery.

Payments amounted to £178,656 in total (an increase of approx 22% on the previous year). This was mostly due to increased spend against the funding from the National Lottery grants.

Reserves policy

The trustees consider it prudent to carry sufficient reserves to cover 3 months' running costs and any legal and financial liabilities in the event of the organisation winding up. They consider that both of these are covered by the present balance of £121,585 in unrestricted funds.

Approved by the trustees on

and signed on their behalf by:

Trustee

Date: _____

Report of the Independent Examiner To the Trustees of Coalition of Carers in Scotland

I report on the accounts of Coalition of Carers in Scotland (the charity) for the year to 31 March 2024, which are set out on pages 7 to 10.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1)(d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulationshave not been met, or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

John Paul FCIE
29 Avon Crescent
Broughty Ferry
Dundee
DD5 3TX

Date:

Coalition of Carers in Scotland

Statement of Receipts and Payments For the Year Ended 31 March 2024

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Receipts:					
Grants	3	152,236	54,833	207,069	199,881
Affiliation fees		5,450	-	5,450	1,740
Total receipts		<u>157,686</u>	<u>54,833</u>	<u>212,519</u>	<u>201,621</u>
Payments:					
Staff costs		93,103	42,263	135,366	113,679
Members' & executive meetings		7,946	-	7,946	2,616
Carers' Collaborative Integration Network		1,602	-	1,602	4,207
Eurocarer costs		996	-	996	821
NCO costs		-	720	720	-
BME Development		-	968	968	201
Rural Development		52	4,060	4,112	204
Travel & subsistence costs		2,686	1,914	4,600	1,550
Printing, publications and distribution		3,799	-	3,799	2,796
Training & subscriptions		7,483	-	7,483	15,187
Administration & management		10,364	-	10,364	1,458
Capital expenditure		-	-	-	2,998
Accountancy		700	-	700	700
Total payments		<u>128,731</u>	<u>49,925</u>	<u>178,656</u>	<u>146,417</u>
Increase in funds for year		<u>28,955</u>	<u>4,908</u>	<u>33,863</u>	<u>55,204</u>

The notes on pages 9-10 form part of these accounts.

Coalition of Carers in Scotland

Statement of Balances at 31 March 2024

	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
	£	£	£	£
Funds Reconciliation:				
Funds brought forward	92,630	42,427	135,057	79,853
Increase in funds for year	28,955	4,908	33,863	55,204
Funds carried forward	121,585	47,335	168,920	135,057

Bank and cash

Bank of Scotland Treasurers Account			168,920	135,057
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Other assets:	£	£	£	£
Fixed assets:				
- office equipment at net book value	437	583	1,020	2,108
	437	583	1,020	2,108

Liabilities:	£	£	£	£
Staff costs for March (paid April)	8,465	3,877	12,342	-
Management fee	-	-	-	5,000
Accountancy & independent examination	700	-	700	700
	9,165	3,877	13,042	5,700

Approved by the Trustees on

and signed on their behalf by:

Date:

Trustee

The notes on pages 9-10 form part of these accounts.

Coalition of Carers in Scotland

Notes to the Accounts

For the Year Ended 31 March 2024

1. Basis of accounting

The accounts have been prepared on a receipts and payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

2. Nature and purpose of funds

Unrestricted funds can be used in furtherance of any of the charitable objects at the discretion of the trustees. A single unrestricted fund is maintained for the day to day running of the charity.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

3. Grants received	Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
Scottish Government - Section 10: - <i>core funding</i>	152,236	-	152,236	146,071
The National Lottery Community Fund - <i>Carer Engagement and Empowerment</i>	-	54,833	54,833	53,810
	<u>152,236</u>	<u>54,833</u>	<u>207,069</u>	<u>199,881</u>

4. Trustees' remuneration and expenses

No remuneration was paid to members of the management committee (trustees) during the year.

Travel & subsistence expenses of £545 in total were reimbursed to 2 trustees during the year (previous year - £312 to 2 trustees).

5. Related party transactions

VOCAL, a member of the Coalition, recharged salary costs of £135,366 during the year.

Coalition of Carers in Scotland

Notes to the Accounts (continued) For the Year Ended 31 March 2024

6. Movement on Funds		At 1.4.23 £	Receipts £	Payments £	At 31.3.24 £
<i>Restricted funds:</i>	Note				
NCO Development fund	(a)	8,636	-	(720)	7,916
National Lottery Community Fund	(b)	33,791	54,833	(49,205)	39,419
<i>Total restricted</i>		<u>42,427</u>	<u>54,833</u>	<u>(49,925)</u>	<u>47,335</u>
<i>Unrestricted funds:</i>					
General fund		92,630	157,686	(128,731)	121,585
<i>Total unrestricted</i>		<u>92,630</u>	<u>157,686</u>	<u>(128,731)</u>	<u>121,585</u>
Total Funds		<u>135,057</u>	<u>212,519</u>	<u>(178,656)</u>	<u>168,920</u>

Notes:

- (a) This is a restricted fund for development costs, including campaign costs, for the National Carer Organisations group.
- (b) In August 2022 we received funding from the Lottery Community Fund for our Carer Engagement and Empowerment Project. This has enabled us to appoint two engagement workers to work with carers from South Asian communities and from rural and island areas who have been identifying and supporting carers from these harder to reach communities. This is the second year of our three year funding award.